AREX Biosciences

Energize your Science.

# Human/Mouse BDNF ELISA Instructions

**CAT: AEH0069**

## CONTENT

| No. | Content | CAT. No | Volume |
|---|---|---|---|
| 1 | CP (Coated Plate) | EH0069CP | 96 wells |
| 2 | S1 (Standard) | EH0069 | 2 vials |
| 3 | SD (Sample Diluent) | ESD01 | 15 ml/bottle |
| 4 | DA (Detect Antibody) | EH0067DA | 6 ml/bottle |
| 5 | SH (Streptavidin-HRP) | ESH01 | 12 ml/bottle |
| 6 | AB (Assay Buffer 1×) | EAB01 | 12 ml/bottle |
| 7 | TS (TMB Substrate) | ETS01 | 12 ml/bottle |
| 8 | SS (Stop Solution) | ESS01 | 12 ml/bottle |
| 9 | WB (Wash Buffer 10×) | EWB01 | 50 ml//bottle |
| 10 | SF (Sealer Film) | ESF01 | 6 pieces |

**NOTE:** After the kit is opened, the stabilization period of each content is 30 days, so please use the kit within 30 days after opening.

## SAMPLE DILUTION

Samples such as serum、plasma require at least a 40-fold dilution into Sample Diluent. A suggested 40-fold dilution is 5 µ l of sample + 195 µ l of Sample Diluent.

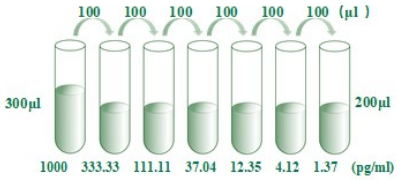
## REAGENT PREPARATION

**Washing Buffer (1×) Preparation:** Pour entire contents (50 ml) of the **Washing Buffer Concentrate** (10×) into a clean 500 ml graduated cylinder. Bring to final volume of 500 ml with glass-distilled or deionized water. Transfer to a clean wash bottle and store at 2 to 25℃.

**Standard Curve Preparation:**Reconstitute Human/Mouse BDNF Standard by addition of distilled water as S1. Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted standard = 1000 pg/ml).

Allow the standard to reconstitute for 10-30 minutes. Mix well prior to making dilutions.

Pipette 200 µ l of Sample Diluent into each tube. Use the high standard to produce a 1:2 dilution series. Mix each tube thoroughly before the next transfer. Sample Diluent serves as the zero standard (0 pg/ml).

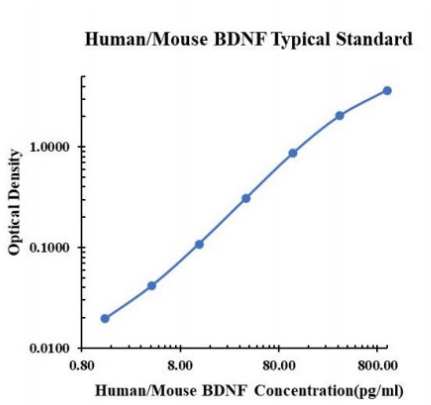



## ASSAY PROCEDURE

**Bring all reagents and samples to room temperature before use.**

1. Prepare all reagents and working standards as directed in the previous sections.
2. Remove excess **CP** (Coated Plate) strips from the plate frame, return them to the foil pouch and reseal.
3. Add 50 µl of **AB** (Assay Buffer) to each well.
4. Add 50 µl or 10 µl of **Standard or sample** per well. Ensure reagent addition is uninterrupted and completed within 15 minutes.
5. Add 50 µl of **DA** (Detect Antibody) to each well.
6. Cover with an **SF** (Sealer Film). Incubate at room temperature (18 to 25℃) for 1 hours on a microplate **shaker** set at 500 rpm.
7. Aspirate each well and **wash**, repeating the process four times. Wash by filling each well with WB (Washing Buffer 300 µl ). Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining WB (Washing Buffer) by aspirating or decanting. Invert the plate and **blot** it against clean paper towels.
8. Add 100 µ l of **SH** (Streptavidin-HRP) to each well.
9. Cover with a new **SF** (Sealer Film). Incubate at room temperature (18 to 25℃) for 30 min on a microplate **shaker** set at 500 rpm.
10. Repeat aspiration/**wash** as in step 7.
11. Add 100 µ l of **TS** (TMB Substrate) to each well. Incubate for 5-30 minutes at room temperature.
12. Add 100 µl of **SS** (Stop Solution) to each well.
13. Determine the optical density within 30 minutes, using microplate **reader** set to 450 nm corrected with 570 nm or 630 nm.

## TYPICAL DATA




| pg/ml | O.D. | | Average | Corrected |
|---|---|---|---|---|
| 0.00 | 0.0256 | 0.0233 | 0.0245 | |
| 1.37 | 0.0455 | 0.0426 | 0.0441 | 0.0196 |
| 4.12 | 0.0677 | 0.0648 | 0.0663 | 0.0418 |
| 12.35 | 0.1337 | 0.1320 | 0.1329 | 0.1084 |
| 37.04 | 0.3337 | 0.3308 | 0.3323 | 0.3078 |
| 111.11 | 0.8836 | 0.8926 | 0.8881 | 0.8637 |
| 333.33 | 2.0610 | 2.0670 | 2.0640 | 2.0396 |
| 1000.00 | 3.7020 | 3.6210 | 3.6615 | 3.6371 |

## SENSITIVITY

The minimum detectable dose (MDD) of human/mouse BDNF is typically less than 1.05 pg/ml (50 µ l of sample volume) or 2.53 pg/ml (10 µ l of sample volume).

The MDD was determined by adding two standard deviations to the mean optical density value of ten zero standard replicates and calculating the corresponding concentration.

## PRECISION

- Intra-assay Precision (Precision within an assay) Three samples of known concentration were tested twenty times on one plate to assess intra-assay precision.
- Inter-assay Precision (Precision between assays).

| | Intra-assay Precision | | | | Inter-assay Precision | | |
|---|---|---|---|---|---|---|---|
| Sample Number | S1 | S2 | S3 | | S1 | S2 | S3 |
| | 22 | 22 | 22 | | 6 | 6 | 6 |
| Average (pg/ml) | 26.4 | 132.7 | 428.3 | | 26.0 | 132.0 | 417.2 |
| Standard deviation | 0.9 | 5.5 | 28.5 | | 0.8 | 5.2 | 22.7 |
| Coefficient of variation (%) | 3.4 | 4.1 | 6.7 | | 3.1 | 4.0 | 5.4 |

## RECOVERY

The spike recovery was evaluated by spiking 3 levels of human BDNF into health human serum sample. The un-spiked serum was used as blank in this experiment.

The recovery ranged from 90% to 118% with an overall mean recovery of 104%.

## LINEARITY

To assess the linearity of the assay, five samples were spiked with high concentration of BDNF in human serum and diluted with Sample Diluent to produce samples with values within the dynamic range of the assay.

The linearity ranged from 99% to 107% with an overall mean recovery of 103%.

## SAMPLE VALUES

Serum/Plasma - Thirty samples from apparently healthy volunteers were evaluated for the presence of human BDNF in this assay. No medical histories were available for the donors.

| Sample Matrix | Sample Evaluated | Range (pg/ml) | Detectable % | Mean of Detectable (pg/ml) |
|---|---|---|---|---|
| Serum | 30 | 12.32-21.28 | 100 | 16.80 |

n.d. = non-detectable. Samples measured below the sensitivity are considered to be non-detectable.

## DISCLAIMER AND VERSION

For research use only. Not for use in clinical diagnostic procedures.